

Love of Self – Questionnaire



No.	Question	A	B	C	D
1.	If there is a spirit in the room a. Just know b. I visualize it c. I hear it d. I feel it				
2.	When I do a reading and connect to the Creator a. I just know what they need b. I imagine what the need - I see color c. I hear music see words d. I feel their pain, worry and stress				
3.	I can hear silence a. Yes every day if I choose b. No but I see waves c. Yes always d. No				
4.	I believe I can see air move a. I see it, feel it, taste it b. When I focus, since I was a child c. No d. It is more like a gust of air blowing on me				
5.	I learn best by a. living, experiencing, and asking Creator b. Reading, clear facts and visualizing c. By listening, I can recall what I hear d. By stories and feeling examples				
6.	When doing readings day to day a. It is most important for me to know truth b. It is most important to visualize sickness c. It is most important to listen to others d. It is most important to feel others feelings				
7.	When doing exercise for angels a. I know they are there - see, hear, feel b. I see and or imagine their faces c. I hear them talk d. I feel them				
8.	When scanning the body a. I feel like a dream or vision b. I see organs and see or visualize color c. I hear what is wrong and hear beliefs d. I feel energy in the body				



No.	Question	A	B	C	D
9.	When I feel emotion like anger a. I feel it, acknowledge it - make decisions b. I go to the past or may go to future- react in highest way c. I talk myself out of it d. I am overwhelmed should I fee or ignore this- gut feeling				
10.	When I dream in a dream a. Yes and I am aware of the dream and I can change it b. Yes always c. Yes, the sound is strongest d. I feel emotional/ but aware				
11.	I love a. Color, Sound, Feeling b. Color light c. Music Sound d. Feeling soft things				
12.	When I visualize an apple a. see feel, hear, taste b. I see it on a tree c. Imagine it and what it sounds like d. What it smells like and tastes like				
13.	When I Bend Time a. Natural b. Easy to visualize c. Not so comfortable d. Feel attached to stress				
14.	I feel deja vu a. All the time b. Quite often c. Rarely, I hear conversations before they happen d. High anxiety before major change				
15.	People love to talk to me and tell me their story a. I care to listen and help b. I help them work it out c. I must help and must listen d. Everywhere I go people talk to me				
16.	When I do healings a. Feel the love of the Creator b. See healing in color c. Hear a voice it is done d. High emotion and then peace				

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17.	When I Manifest <ul style="list-style-type: none"> a. I visualize, see, hear, feel and taste it in loving energy b. I see It c. I hear talking as if it is already d. I feel it is possible 				
18.	When I have a premonition or feel something is going to happen <ul style="list-style-type: none"> a. Go to Creator to see it completely b. See flashes of what will happen c. Hear what is going on d. Have anxiety stress until I figure out the problem 				
19.	Communicate with people <ul style="list-style-type: none"> a. Listen, watch, feel, pay attention b. Focus on non verbal skills c. Pay attention to every sound and what they say d. Feel their energy 				
20.	Making life Decisions <ul style="list-style-type: none"> a. Avoid negative thoughts, cancel them and refocus b. See all negative outcomes to my choices c. I hear I can or I can't do it d. Feel stress and anxiety, have to sort it out or I can't do it 				



Beliefs to check:

1. On all levels, when I stand in the shower, I feel inspired.
2. I feel déjà vu.
3. On all levels, People love to talk to me and tell me their story.
4. I understand where people are coming from.
5. it is easy for me to have compassion.
6. I want to help the planet.
7. I feel I have a purpose.
8. it is easy to talk about my beliefs.
9. I feel passionate and connected to the Creator.
10. I know when people are lying to me.
11. I get my feelings hurt really easy.
12. I know when people like me.
13. Sometimes I think I know what people are thinking and then they say it.
14. I will be killed for being a healer.
15. If I am too intuitive, I will be too strange.
16. I am different than other people.
17. I witness people changing their belief.
18. I have to be alone to get close to Creator.
19. I dream in color.
20. I dream I am flying.
21. I manifest easily.
22. I do my best not to hurt someone's feelings.
23. I care about how others feel.
24. I always stand up for everyone.
25. I am having dinner and someone an unexpected company comes I will always offer to feed them.
26. I love healing work.
27. I get gut feelings.
28. I can feel energy.
29. I know what it feels like to use my clairvoyance.
30. I know what it feels like to trust my intuition.
31. I know what it feels like to trust my gut feeling.
32. People will accept me for being intuitive.
33. I will be responsible for healing others if I use all my intuitive abilities.
34. I know how to balance my intuition.
35. I can be intuitive and still be me.